

## 2003 California Children's Healthy Eating and Exercise Practices Survey

**Table 58: Percentage of Children Using a Physically Active Mode of Transportation<sup>1</sup> to and from School on a Typical Weekday (Diary Sample)**

What was the primary way your child got to school today?

What was the primary way your child got home from school today?

	Children Using a Physically Active Mode of Transportation to and from School, Average Estimated Percent <sup>2</sup>
<b>Total</b>	<b>17</b>
<b>Gender</b>	
Males	20 *
Females	14
<b>Ethnicity</b>	
White	14
African American	17
Latino	21
Asian/Other	14
<b>Income</b>	
≤\$19,999	32 <sup>b</sup> ***
\$20,000 - \$49,999	20 <sup>b</sup>
≥\$50,000	12 <sup>a</sup>
<b>Federal Poverty Level</b>	
≤ 185%	27 ***
> 185%	13
<b>Food Stamps</b>	
Yes	36 **
No	16
<b>Overweight Status</b>	
Not at Risk	15
At Risk/Overweight	19
<b>Physical Activity</b>	
≥60 minutes	17
<60 minutes	18
<b>School Breakfast</b>	
Yes	30 ***
No	14
<b>School Lunch</b>	
Yes	23 ***
No	8
<b>Nutrition Lesson</b>	
Yes	17
No	17
<b>Exercise Lesson</b>	
Yes	16
No	19

<sup>1</sup> Physically active modes of transportation include walking and bicycling.

<sup>2</sup> Participants get one point for walking or biking to and from school on day 1 and one point for day 2. The mean of the two-day score is presented. The average estimated percent ranges from 0-1.

A box around a group of numbers signifies that differences observed within this group are statistically significant.

ANOVA

\* p<.05

\*\* p<.01

\*\*\* p<.001